Frederick Friday News – February 28, 2014

Falcons of the Week
Congratulations to our Falcons of the Week for this week. These students have SOARed (Been Safe, taken Ownership, and are Always Respectful) throughout the school year.

Naydelin Torres  |  Karina Perez-Gonzalez
James Kennedy    |  Rachel Monahan
Eian O'Connor    |  Lelalani Akalaonu

Technology Survey
CCSD 46 is participating in the Illinois Instructional Technology Survey and is inviting you to share your experiences and opinions regarding the district and its technology program. In order to assess your satisfaction with the district we ask that you complete a short one-page anonymous survey. The survey is open to all community members and businesses in the CCSD 46 area. Your feedback is important to the district. It will be used to help shape how technology is used in every CCSD 46 student's learning, as well as with the community.

We thank you for your time in completing the survey. Please click on the "Community Involvement Link" below. Community Involvement Survey

If you are having difficulty reaching the survey through the link above, please click on the following link http://www.d46.k12.il.us and go to the paragraph labeled "Illinois Instructional Technology Survey".

Important Dates
Feb 28       |  End of 2nd Trimester
March 4-14   |  ISAT Testing
March 7      |  PTO Family Dodgeball & Raffle Night (6:30-8:30 PM)
March 9      |  Daylight Saving Time Starts (Spring Ahead One Hour)
March 11     |  Band Concert
March 14     |  Report Cards Go Home
March 24-28  |  5th Grade Rec Night (6:30-8:30 PM)
April 2      |  Talent Show Tryouts @ Frederick
April 4      |  6th Grade Rec Night (6:30-8:30 PM)
April 11     |  Talent Show (@ GMS)
April 17     |  Early Dismissal (11:45 AM)
April 18     |  No School
Family Dodgeball and Raffle Night

Last weekend to purchase those donations for your teachers themed raffle baskets!

Thanks to those families who have already donated!!

Our annual Frederick Family Dodgeball Night is March 7th. We are holding a raffle that night and are asking for donations from each family. We are creating themed baskets sponsored by each team. Here are the teams and themes for 2014:

5-1 Mrs. Lechman, Mrs. Gottstein, Mrs. Sloan, Mr. DePaz (READING BASKET)
5-2 Mrs. Hamburg, Mrs. Speck, Mrs. Boxer, Mrs. Lagudem (MOVIE NIGHT BASKET)
5-3 Mrs. Flores, Mrs. Kuzmenko, Mrs. Geske (ARTS & CRAFTS BASKET)

6-1 Mrs. Muszynski, Mr. Piggott, Mrs Johnston, Mrs Gheysen (OUTDOOR FUN BASKET)
6-2 Mrs. Roeder, Ms. Garner, Mr. White, Ms. Leon (GAME NIGHT BASKET)
6-3 Mrs. Jacobs, Ms. Batson, Mrs. McGrath, Mrs. King (SPORTS BASKET)

Feel free to get as creative as you want with the theme for your class above, but please make sure all prizes are age-appropriate. We also welcome gift cards or cash donations, if you’d like us to do the shopping for you! Please make all checks payable to the Frederick PTO.

Please send in or drop items off at school by Monday, March 3rd. If you have any questions, please feel free to contact Nicole Dusek at 847-223-9001 or thedusekfamily@aol.com.

Thanks in advance for your help in making this year’s Dodgeball Night a huge success!

The Frederick PTO
Frederick Family Dodge Ball and Raffle Night

Friday, March 7, 2014
6:30 pm - 8:30 pm

The Frederick PTO is proud to sponsor the
Annual Frederick Family Dodge Ball and Raffle Night

Tickets can be purchased in advance and will be available for pick-up on the evening of the event. Advance ticket purchases will include admission, dinner (pizza and a drink) and ONE FREE RAFFLE T-SHIRT TICKET.

Additional food, drinks, candy and raffle tickets will be available for purchase that night. Admission the night of the event will be $6.00 a person with no free t-shirt raffle ticket.

Please fill out the form below with check made payable to Frederick PTO. Please return by Friday, February 28.

Name: ___________________________ Grade: ______

Homeroom Teacher: _____________ Phone # __________

Individual Admission x $5.00 each = __________
Raffle Tickets x $1.00 each = __________
Six Raffle Tickets x $5.00 = __________
Total Check Amount = __________

**Please note that this is a FAMILY EVENT ** NO DROP-OFFS ALLOWED **

Any questions? Please contact Stephanie Sisson at jas072602@sbcglobal.net
Order Your Yearbook

Cost: $18 until February 28
$20 last week of school while supplies last

How to order:

Parents can order yearbooks on-line at

http://jostensyearbooks.com?REF=A01062812

OR

Fill out the order form below and send in a check with the order.
Please make checks payable to Frederick School.

Yearbooks will be handed out to students the last week of school.

(Please cut along the line & send in the lower portion with your payment.)

Student's Name: ________________________________
Homeroom Teacher: ____________________________
Number of Yearbooks: _______________________
Amount Enclosed: $____________________
Check Number: __________
District 46 welcomes author and former NFL first-round draft pick Tim Green to Frederick School on Thurs., April 10th at 6:30 pm. Mr. Green offers "a powerful message about the importance of education, reading books, and good character." In order to guarantee a personalized copy of any of these titles, please return this form along with cash or a check (payable to Frederick School) to your school office by Fri., March 21. Additional autographed copies of the book will be available for purchase through April 17.

**New Kid**, Hardcover $16.99, NEW – Published 3/4/2014

In this baseball novel from New York Times bestselling author Tim Green, it's hard to be the new kid, both on and off the field. Perfect for fans of Mike Lupica or Dan Gutman's Baseball Card Adventure series. Tommy's the new kid in town—who now goes by the name Brock—and he's having a hard time fitting in. Thanks to a prank gone wrong, he may be able to settle in on the baseball team. But can he prove himself before he becomes a new kid... again? New York Times bestselling author and former NFL defensive end Tim Green delivers another baseball tale with sports action and emotional heart that will keep kids on the edge of their seats.

**Unstoppable**, $6.99 (Paperback)

If anyone understands the phrase “tough luck,” it’s Harrison. As a foster kid in a cruel home, he knows his dream of one day playing for the NFL is a long shot. Then Harrison’s luck seems to change. He is brought into a new home with kind, loving parents—his new dad is even a football coach. Harrison’s big build and his incredible determination quickly make him a star running back on the junior-high-school team. In no time, he’s practically unstoppable. But Harrison’s good luck can’t last forever.

In his most dramatic and hard-hitting story yet, former NFL defensive end Tim Green writes about what it takes to be a winner, even when it seems like fate has dealt an impossible hand. Inspired by interviews with real-life cancer survivors and insider sports experience, this unforgettable story shows a brave boy who learns what it truly means to be unstoppable.

**Perfect Season** (Football Genius Book 6), Hardcover $16.99

Troy’s dreams of the big time have backfired. Sure, he’s moved to New Jersey to start his new job as “genius” for the New York Jets, but his dad has taken his entire salary, leaving Troy and his mom broke. Now Troy has no hope of going to private school and playing for a football powerhouse with his newfound cousin, Ty. Instead he’s going to be part of a team with an unbroken losing streak. Knowing that the road to the NFL begins at an early age, Troy fights back. When he gets Seth to come up from Atlanta to coach his private school team, Troy feels ready for a winning streak—a perfect season. He doesn’t guess that he’ll be struggling against those who want him to lose. When Troy’s talent for calling plays slips and his abilities as a quarterback are threatened, he’s got to dig deep. And it will take all of Troy’s football genius to turn this team around.

**Deep Zone** (Football Genius Book 5), Paperback $6.99

In the deep zone, even the very best player can have a nearly impossible time beating a foe who’s ready and waiting... Troy White can predict a football play before it happens. Star quarterback on his state football team, Troy’s a natural for the Seven-on-Seven tournament that’s being held at the Super Bowl in Miami. With any luck, his “Football Genius” will also be working for Atlanta Falcons on that big day! Ty Lewis is a wide receiver with exceptional speed. His brother Thane who plays for the Jets, urges Ty to get on a Seven-on-Seven team, saying his running prowess will make him a winner. From the moment the two football champs cross paths, Troy and Ty begin to size one another up. Troy is suspicious of Ty’s interest in his friend, Tate, while Ty worries his speed will never be a match for Troy’s game smarts. But when the two rivals find themselves somehow tangled in the same dangerous web of deceit, they discover that they have more in common than their love of football—and that their pasts are more entwined than either could ever have imagined.

**The Big Time** (Football Genius Book 4), Paperback $6.99

Things couldn’t be going better for Troy White. The Atlanta Falcons’ football genius is at the top of his game, helping the team get to the playoffs. Agents and lawyers are knocking on his door with big-money offers for the upcoming season. And his own football team has just won the Georgia State Championship! Troy’s celebrating with his friends at linebacker Seth Halloway’s mansion when another lawyer comes knocking—and he says, “I think I’m your father.” In that instant, Troy’s life is changed. Powerfully charged from start to finish, this is an amazing portrayal of Troy’s struggle to make his lifetime dreams of being with his father come true. Filled with page-turning excitement as a high-stakes deal increases the clash of family tension, *The Big Time* is an unforgettable experience.
**Football Hero** (Football Genius Book 2), Paperback $6.99

Ty Lewis can't believe it when Coach V recruits him for the football team. This is Ty's big chance to prove how fast he is on the field, get a fresh start in a new school, and be like his older brother, Thane "Tiger" Lewis, who's about to graduate from college—and is being courted by the NFL. But Ty's guardian, Uncle Gus, won't let him play. Uncle Gus needs Ty to scrub floors and toilets for his cleaning business while he cooks up gambling schemes with the local mob boss, a man called "Lucy." When Lucy hears just how famous Ty's older brother is, he becomes suddenly friendly. Are the questions Lucy is asking Ty really about fantasy football . . . or is the Mafia using Ty to get valuable insider info from his superstar brother? Desperately worried, Ty must come up with a plan to save Thane's football career—and, ultimately, his life.

**Force Out**, Paperback $6.99

When two friends compete, one of them will be forced out. Joey and Zach have always been best friends. They're also two of the best baseball players in their league, and shoo-ins for the all-star team at the end of the season. Their dream is to play together on the Center State select team, and they will do anything to help each other get there. So when Zach is forced to go on an extra-credit field trip that would make him miss the championship game and his chances to move on, Joey comes up with a risky plan to bail him out. Everything should be fine—as long as no one finds out what they did. Then the unthinkable happens: The boys learn there's only one open spot on the select team. Suddenly Joey and Zach go from biggest rivals, and Joey has to decide his next move. He can play the biggest game of his life, or he can use their secret to force Zach out. How far should Joey go to win?

**Football Champ** (Football Genius Book 3), Paperback $6.99

When Troy White proved his remarkable "football genius" to the Atlanta Falcons, they brought him on board as a team consultant. Now, thanks to Troy's ability to predict winning plays, the Falcons are pulling in victories. Troy loves his starring role behind the scenes and the thrill of having NFL star linebacker Seth Halloway (who's dating Troy's mom) to coach his own Duluth Tigers team on their way to a state championship. Then Troy's perfect world comes crashing down. Reporter Brent Peele is out to smear as much mud on the Falcons as he can, and that means going after Troy. The vicious media storm that descends on the football genius threatens not only his job with the Falcons and the Tigers' run at a championship but his mother's career—and Seth's—as well. Together with his best friends, loyal Nathan and feisty Tate, Troy sets out to unmask the dishonest Peele—and save Seth's reputation—no matter what the risk.

**Best of the Best** (Baseball Great Book 3), Paperback $6.99

Josh is still flying high from his team's tournament win at Cooperstown when his parents start talking about a divorce. Now his dad is challenging him to play the best of the best at the Little League World Series in Williamsport, Pennsylvania. But does he just want to get Josh out of the way? Two things are sure: His father's new girlfriend, Diane, is looking to change things, and Josh is determined to get her and her terrible son out of his life. With the help of Benji and Jaden, Josh races to get the facts that can keep his family together—but it's ever harder to concentrate on the game and make the winning plays that will lead his team to victory. In his compelling style, Tim Green delivers great sports action and more—a fast-paced adventure about friendship, the power of becoming a team, and finding a way to get what you need when you can't have what you want.

**Baseball Great** (Baseball Great Book 1), Paperback $6.99

When the school paper calls him "Grant Middle's best hope for its first-ever city-wide championship," Josh feels like he's starting to get noticed—in good and bad ways. Seeing Josh's talent, his father drags him out of the school baseball tryouts and gets him in the running for the Titans, the local youth championship team coached by Rocky Valentine. All Josh really wants to do is play ball, but now Rocky wants him to gulp down protein shakes and other supplements. Suspicious, Josh and his new friend, Jaden, uncover a dangerous secret—and catch the attention of one man who will do anything to keep them from exposing it.

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**Student’s Name** __________________________ **Total Amount** $ ____________________ **Method of Payment** Cash __ or Check #_____

**Teacher’s Name** __________________________ **Name for personalization:** __________________________

Additional titles on reverse side.
March Donations Needed for Wes’ Hope

In February Wes’ Hope sent out a total of 15 care packages to a Marine Unit stationed in Afghanistan. Five of those care packages came from donations from Frederick School, District 46, Drs. Sellke and Reily and Girl Scout Troop 500. My aunt and I thank you all so much!

For March we have selected a Naval Unit from Norfolk, VA who are currently on an extended deployment. This Unit includes 5 men and 3 women. Our March package(s) will be mailed out March 24, 2014.

I need your help! Please ask your family to consider sending donations to school. Donations boxes are located near the school entrance.

Thanks!
Allie Cowlin (5th grade)

Specific items this Naval Unit wants/needs

- Sunscreen
- Mixed Nuts
- Tampons
- Sanitary Pads
- Lotion
- Microwave Popcorn
- Magazines
- Word Search Books
- Cross Word Puzzle Books
- Toothpaste
- Deodorant
- Wet Wipes
- Socks
- Kleenex
- Laundry Items (i.e. dryer sheets, detergent pods)

Notes:
• In addition to donations, please consider writing a letter/card/note of Thanks.
• Monetary donations (to help with postage and additional care package items) can be made via [http://www.gofundme.com/weshope](http://www.gofundme.com/weshope)
• All food must be pre-packaged. (No home cooked anything.)
• Do not send illegal copies of anything.

About Wes’ Hope: My cousin Wes Singer passed away two years ago. He was 25 and served in the United States Army for almost four years. My Aunt Debbie started Wes’ Hope to honor Wes’ life and keep his memory alive. It is also important to me to keep my cousin Wes’ memory alive so, along with my Aunt, we decided to adopt soldiers who are deployed. It is so important that we not forget these men and women who are serving our country.
See the picture above for what you can send in through this Brigade. Then, every time you enjoy a refreshing beverage from a pouch, save the packaging and send it in to TerraCycle.

**Drink Pouch Brigade accepted waste:**

1. Aluminum and plastic drink pouches (no need to remove the straws)
2. Drink pouches with spouts
See the picture above for what you can send in through this Brigade. Then, every time you or your children enjoy a tasty lunch kit, save the packaging and send it in to TerraCycle.

**Lunch Kit Brigade accepted waste:**
1. Lunch kit plastic trays and lids
2. Lunch kit plastic film and outer wrapping
3. Lunch kit content packaging
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<td>CINNAMON TOASTERS</td>
<td>BEEF SAUSAGE ON A BISCUIT</td>
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<td>BREAKFAST BURRITO</td>
<td>STRAWBERRY YOGURT</td>
<td>WAFFLES</td>
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<td>FROSTED FLAKES (LOW SUGAR)</td>
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**** ALL MEALS SERVED WITH APPROPRIATE CONDIMENTS AND A CHOICE OF 1% AND FAT FREE MILK.

*** MENU SUBJECT TO CHANGE.

** Eat Your Breakfast! **Studies indicate that students who eat school breakfast increase their
math and reading scores and improve their cognitive speed and memory.
"Be a Star with School Breakfast," March 3-7, 2014

In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national
group, sex, age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington,
D.C. 20250-9410 or call toll free 866/632-9992 (Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through Federal
Relay service at 800/877-8339; or 800/845-6136 (Spanish). USDA is an equal opportunity provider and employer.
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<th>Monday, March 3, 2014</th>
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<th>Thursday, March 6, 2014</th>
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<tr>
<td><strong>BAKED CHICKEN MUSSELS</strong></td>
<td><strong>HOT DOG W/ POTATO ROUNDS</strong></td>
<td><strong>CHEESE PIZZA</strong></td>
<td><strong>PARMESEAN POPCORN CHICKEN &amp; PASTA</strong></td>
<td><strong>3 CHEESE PANINI</strong></td>
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<td>Golden Potato Rounds</td>
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<td><strong>SAUSIBURY STEAK WAGRAVY &amp; MASHED POTATOES</strong></td>
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<td>Fresh Baby Carrots*</td>
<td>Fresh Apple</td>
<td>Snickerdoodle Cookie</td>
</tr>
<tr>
<td>Choice of Milk</td>
<td></td>
<td>Light French Dressing</td>
<td>BBQ Sauce</td>
<td>Choice of Milk</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Choice of Milk</td>
<td>Choice of Milk</td>
<td></td>
</tr>
</tbody>
</table>

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**Love Broccoli?**

There's plenty of reasons to love broccoli besides it's great taste! Not only are these little trees tasty and fun to eat, but they pack a nutritional punch. Did you know that one cup of broccoli has as much Vitamin C as an orange? Check out more Broccoli facts in our Nutrition Minute on Facebook. Like the Preferred Meals page.

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